Dear new and returning faculty,

Welcome back to a new semester! Since some ambiguity surrounds the work of the Sloan Grant for Faculty Career Flexibility, we want to keep you up-to-date on the progression of the grant.

For those of you unfamiliar with me, I am a 2007 graduate of Albright, and I am very excited to be serving the faculty of my alma mater in this capacity. As the Sloan grant administrator, I am here to ensure that all facets of the grant are addressed and completed. I have already begun to work closely with some faculty and administrators, and to these people, I would like to say thank you for giving me such a warm Albright welcome!

In this newsletter, you will find a variety of information related to the grant from faculty interview progress to the current events relating to well-balanced life and career. So, sit down, have a cup of coffee (or tea) and take a few minutes out of your hectic lives to find out what’s new! I wish you all a safe and balanced semester.

Kindest Regards
Samantha L. Roy, M.A. ’07, Sloan Grant Administrator

Dean’s Seminars, September - The September Dean’s Seminar will feature speaker, Robert Drago, Ph.D., author of Striking a Balance: Work, Family, Life. Drago formerly taught at Penn State University and is now the research director at the Institute for Women’s Policy Research in Washington, D.C. An expert on “work-life” balance, Drago will be speaking about ways we as a community can improve upon the balance within our work, family and lives that is all too often imbalanced for faculty and non-faculty alike. This Dean’s Seminar will take place in the Campus Center South Lounge on September 30, 2010, at 4 p.m. A Mediterranean fair will be served. His book, which focuses on both global and individual issues relating to the inability to pursue and achieve a balance in our lives, is a must-read for anyone who feels pulled in too many directions.

Information about the October and November Dean’s Seminars will be included in later issues of this newsletter.

Faculty Interviews

Summer Interviews - Throughout the summer, the Sloan committee conducted interviews of committee chairs and the directors of interdisciplinary programs. We are now in the process of compiling the content of the interviews and analyzing the data.

Thank you to all who have completed your interviews! The results of these interviews will uncover issues related to faculty workload responsibilities and provide a clear path of action in order to make Albright a better place for you to work and for students to learn.

Interviews for the Fall Semester - We will be conducting interviews of department chairs and representatives in the coming months. The Sloan Committee has finalized their collective schedules and will be conducting interviews in three time slots every week throughout the fall semester. Chairs and other department representatives will be contacted with a request to schedule an interview, and a preliminary set of questions will be sent once the appointment has been made. Be sure to check your e-mail!

Brown Bags - Faculty Brown Bags are one-hour discussions on a variety of topics related to the practical side of teaching and are open to all faculty. Please look over the following compiled Brown Bags; there’s sure to be one of interest to you! All are held in the Faculty Club in Alumni Hall.

<table>
<thead>
<tr>
<th>Date/Time</th>
<th>2010 Topics</th>
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<tr>
<td>Sept. 16, 12:30-1:30 p.m.</td>
<td>Teaching First-Year Seminars</td>
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<td>Oct. 13, 12-1 p.m.</td>
<td>High-Impact Practices</td>
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<td>Nov. 9, 12:30-1:30 p.m.</td>
<td>Strategies for Motivating Students Towards Classroom Success</td>
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<td>Dec. 8, 12-1 p.m.</td>
<td>Creative Use of Technology</td>
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Faculty Balance Web site - As most of you are aware, part of our Sloan grant covers the creation of a web site devoted to faculty flexibility. Although the site is still in its infancy, we are proud to announce that the first pages have been launched! To begin, you will find information on the Sloan grant with links to related web sites and a Flexibility Policy page that explains Albright’s flexibility policies. In the weeks to follow, the site will become much more readable and aesthetic. Soon we will have pages focusing on first-year faculty with a section on the New Faculty Mentoring Program. Click here www.albright.edu/sloan and bookmark our site for updates.

Interested in finding out what other grant recipients are doing with their funds? A copy of ACE’s Sloan Grant Newsletter is now available on our web site. As you are reading, take notice of the innovative uses of Sloan funds. Please contact Betsy Kiddy or Wayne Vetteson, task force co-chairs, with any suggestions on how we might adapt some of the uses described in the newsletter.

Promotions - We congratulate Susan Hughes, Psychology; George Smith, Economics and Business; and Adam John, Modern Foreign Languages & Literature, on receiving tenure and for their promotions to associate professor.

The Ever-Elusive Balanced Lifestyle - Ever feel like you work too much? When you get a moment to yourself, do you fill it with more work? WebMD provides five tips for developing a more balanced lifestyle that will not only give you more “me” time but increase the quality of the work you do as well. Read on at www.webmd.com/balance/guide/5-strategies-for-life-balance. In each issue of this newsletter, you will find a link to an article that discusses well-being. Have a favorite of your own? Send suggestions to sroy@alb.edu.

Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.

- World Health Organization, 1948