Meals On Wheels

In 1954, Philadelphia's Lighthouse Community Center pioneered a program to meet the nutritional needs of homebound seniors and other shut-ins who would otherwise go hungry. Meals on Wheels began in Berks County in January 1970 when 8 meals were delivered each weekday by a team of volunteers from the American Red Cross. Today, volunteers all over Berks County deliver over 650 meals each weekday to those in need.

Who is Served?

Meals on Wheels serves individuals who are homebound and unable to prepare their own meal. A home visit is required to determine whether or not an individual is eligible to receive meals. If the individual meets the eligibility requirements, specified by law, arrangements are made to have meals delivered to their home. Our goal is to serve everyone in need of home delivered meals, however, if that is not possible, frozen food may be given as an alternative option. Our centers also provide congregate meals to seniors who may not be homebound, but are still unable to prepare their own meal. There, seniors can enjoy hot nutritious meals while in a social environment.

Meals on Wheels is not only a model of community partnership, it is a major contributor to independent living.

For more information, or to refer someone to the Meals On Wheels program, visit us on the web or call:

Berks Encore
40 North 9th Street
Reading, PA 19601
p: 610.374.3195
f: 610.374.3483

BerksEncorePA.org

Help Us Help . . .

We appreciate your help. If you would like to become a volunteer or make a donation, please fill out the following information and return it to Berks Encore.

Name:

Address:

City/State/Zip:

Phone:

Email: