

Albright College
Intercollegiate Athletics Drug Screening Program
Policy and Procedures for Drug Screening and Alcohol Abuse

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Purpose

Albright College is concerned with the health, safety and welfare of student-athletes who participate in its programs and represent the College in competitive athletics. The program takes the position that drug screening is appropriate to insure the health and safety of our student-athletes, to promote fair competition in intercollegiate athletics, to affirm compliance with the NCAA rules and regulations of drug and alcohol and to assist them before they injure themselves or others, or become physiologically or psychologically dependent. Further the Albright College Intercollegiate Athletics Program recognizes its responsibility to provide educational programming that will support programming which educates student-athletes on the physiological and psychological dangers inherent in the misuse of drugs and alcohol, inform student-athletes about local, state, and federal laws concerning the use and possession of alcohol and drugs, and reinforce alternative activities supporting a drug or alcohol free lifestyle. A drug and alcohol program which embraces an educational, screening, and, if necessary, rehabilitation component, will facilitate a positive decision-making process for our student-athletes.

Goals

1. To educate coaches and athletes concerning the problems associated with the use of alcohol and drugs.
2. To discourage illicit drug use and alcohol abuse by Albright College student athletes.
3. To provide education counseling and referral service to those student athletes identified as having a drug or alcohol abuse problem.
4. To encourage an atmosphere of open discussion in reference to any questions student athletes may have with regard to use and abuse of alcohol and other drugs.
5. To promote informed, intelligent decision making on the part of our student athletes with regard to use of alcohol and other drugs.

Conditions of Eligibility

All varsity student athletes of Albright College must sign a NCAA form in which the student athlete consents to be drug tested, during NCAA postseason championships, for the use of drugs and supplements prohibited by NCAA legislation. In addition, all Albright College varsity student athletes must sign a college consent form to allow for screening and limited release of screening results, as set forth in procedures designed by the College's Sports Medicine staff, Athletics staff, and Student Athlete Advisory Council, as a condition of eligibility.

Prohibited Drugs/Banned Substances

A student-athlete, during the period of either their membership on or affiliated with an intercollegiate athletic team, may not use the drugs/banned substances specified in Appendix A (NCAA list of banned substances and non-prescription drugs) found at the end of this document. Any use of these or other non-prescription substance is expressly prohibited, whether such use occurs before, during, or after the student-athlete's competitive season. Any student-athlete who has a medical condition of which the use of a prescribed drug is authorized, a physician must provide a statement of such authorization to the Head Athletic Trainer of Albright College.

Education Program

Currently Albright College student athletes are being educated on an individual team basis, as a request by that particular teams coach. This education is primarily on sports supplements and is limited to those supplements that are of interest to the athletes of each team. A yearly drug and alcohol speaker is also provided to the student athletes. Student athletes are also urged to attend all programs provided by Albright College on drug and alcohol use and abuse.

Voluntary Admission and Request for Counseling

Any athlete may come forward at any time and seek help by contacting their head coach, the head athletic trainer, or athletic director. In such cases the athlete will be reported to the Gable Health and Counseling Center to meet with the college's counseling service. This will not be recognized as a positive test. The student athlete will be subject to testing in the next drug testing selection. In the case that the athlete does not report to the canceling center or follow through with the advice of the counseling service he/she will then be deemed a positive test.

Screening Procedures

Effective August 2007 the Albright College Athletics Program will conduct substance abuse screening in accordance with the accepted procedures set forth in this document. As part of this screening, a student athlete may be asked to take a urine or saliva test to detect illegal drugs, non-prescribed drugs, narcotic, steroids and/or banned nutritional supplements at such times and places as directed by the Athletics Program. The drugs or drug classes to be tested for include, but are not limited to the following: STIMULANTS, ANABOLIC AGENTS, DIURECTICS, STREET DRUGS, PEPTIDE HORMONES, AMPHETAMINES METH-AMPHETAMINES, THC AND OPIATES. Screening will be conducted for all varsity student athletes on the current year roster. This includes in and out of season sports. Unannounced screening may occur at any

time of any day with a minimum two hour notice. The selection for screening will be based on random selection, a prior positive test, or prior drug related problems.

The REFUSAL to provide a sample will be considered a positive test and will include all of the sanctions of that positive level.

All urine or saliva samples for screening will be collected in compliance with the NCAA drug screening guidelines. Collected samples will remain under constant supervision of the Athletic Training Staff. The Athletic Training Staff will screen the sample via the **Accutest 10-Multi-Drug Screen (MDMA)**. Identification information, for each sample, will remain under the constant supervision of the Athletic Training Staff. The Albright College Athletics Program bans the use of substances and methods that alter the integrity or validity of urine or saliva samples provided during drug screening. Examples of banned methods include catheterization, urine substitution, and tampering with or modification or renal excretion by the use of diuretics, probenecid, bromantan, or related compounds, and epitestosterone administration. Any urine or saliva screened for the presence of banned substances may also be screened for the presence of substances used to alter the integrity or validity of urine or saliva samples. A positive finding for these substances will be considered a positive test and sanctions of that positive level will be imposed.

The results of the drug screening program will become a part of the student-athlete medical record and are considered, as all other medical record, confidential. Records and other information shall remain in the confidential possession of the Athletic Training staff or their designee and may be released only as stated consent from the student athlete.

Any student athlete who has not had a positive screen in a prior screening who voluntarily seeks counseling prior to being selected for a random drug screen will not face automatic screening, but will be referred to the appropriate counseling service. The student athlete will be responsible for any costs that are incurred. The student athlete will remain in the random drug screening pool. All drug screen results accumulate during the entire time that the individual is a student athlete at Albright College.

Selection and Notification Procedures

The tests are unannounced and random. All student-athletes will be subject to periodic, unannounced random testing. The selection of individuals will be made through a random drawing of names from the team roster by the Athletic Director or Head Athletic Trainer. Student-athlete notification of selection shall come from the Head Athletic Trainer as to the date on which testing will take place. The notification procedure shall occur at any time prior to the scheduled testing. Such notification shall be accomplished by the delivery of a copy of a signed statement to the student-athlete as one who was selected, at random, to be tested on the date specified. The notification shall also include the time and location for the test. The student is required to sign and submit to the Certified Athletic Trainer or delegate, the form and acknowledge the time specified for conduction the test.

Consequences of failure to participate in or cooperate with testing

1. If the student-athlete declines to execute the required individual consent form, eligibility to participate in intercollegiate athletics will be suspended.
2. If the student-athlete fails to appear at the designated time and place for testing, he/she will be suspended from athletic participation. This will be treated as a positive test result.
3. If the student-athlete fails within a reasonable time (not to exceed one hour from the time scheduled for collection of the specimen) to produce the required urine specimen, eligibility to participate in intercollegiate athletics will be suspended until the subsequent testing day. The period of suspension may be extended indefinitely upon failure to produce the required specimen on the subsequent rescheduled testing date.
4. Any student-athlete refusing to sign the memoranda regarding notification of random selection shall be suspended from all athletic participation.

Administration of drug screening program and Collection Procedures

1. The student-athlete will report to the Stadium Athletic Training Room or the Bollman Athletic Training Room, or otherwise specified location at the designated time in shorts and a t-shirt with a current photo ID card (Albright ID or driver's license). A jacket and sweatpants may be worn if the weather necessitates.
2. The Certified Athletic Trainer will select a sealed drug screen test kit. The student-athlete watches this selection to assure accuracy.
3. The Certified Athletic Trainer or certified drug screen staff member takes the student-athlete, specimen bottle and test kit to the collection area.
4. Prior to specimen collection, the student-athlete will be inspected to check for hidden or secreted tampering materials. Any and all pockets will be emptied prior to collection of the urine specimen.
5. The student-athlete will enter the specimen collection room (private restroom) to produce the acceptable level/amount of urine at a specific concentration needed for testing.
Please note that the collection of a urine specimen for drug/banned substances testing is a "witnessed" procedure. When the urine collection process is complete, the specimen will be checked by the staff member for temperature and Specific Gravity.
6. The specimen will then be screened for drug/banned substances.

Drug Screening Prior to NCAA Championship

Teams and/or individuals likely to advance to NCAA Championship competition are subject to a drug screen via the NCAA. Screening may be required of all team members or individual student athletes within thirty days prior to participation in NCAA Championship competition.

Sanctions Following Positive Drug Screen Results

1st Positive

- A. Head Athletic Trainer and Director of Athletics notified
- B. Director of Athletics will notify Head Coach
- C. Additional screening whenever the Athletics Program conducts random drug screening over the next twelve (12) months with a minimum two (2) hours notice.
- D. Suspended immediately upon positive notification for 30 days of the athletes traditional season. Suspension from athletic contests does not relieve the student-athlete from any other responsibility as a team member, including, but not limited to attendance (not participation) at all practices or other team events.
- E. The student-athlete will be required to have an evaluation by the Albright College counseling center. The evaluation may also occur at an external agency. Recommendations from counseling services or any external agency will be forwarded to the Director of Athletics and the student-athlete must comply with the recommendations. The evaluation and any recommendation must be completed within a two-week period of the incident. The student-athlete is responsible for all costs incurred for these services.

2nd Positive

- A. Head Athletic Trainer and Director of Athletics notified
- B. Director of Athletics will notify Head Coach
- C. Additional drug screening whenever the Athletics Program conducts drug screening over the remainder of the student-athletes eligibility, with a minimum two (2) hour notice.
- D. Mandatory conference call with parents/guardians, and Director of Athletics or his/her designee.
- E. Suspended immediately upon positive notification for one calendar year.
- F. The student-athlete will be required to have an evaluation by the Albright College counseling center. The evaluation may also occur at an external agency. Recommendations from counseling services or any external agency will be forwarded to the Director of Athletics and the student-athlete must comply with the recommendations. The evaluation and any recommendation must be completed within a two-week period of the incident. The student-athlete is responsible for all costs incurred for these services.

3rd Positive

- A. Head Athletic Trainer and Director of Athletics notified
- B. Director of Athletics will notify Head Coach of Suspension
- C. Termination of team membership
- D. Mandatory conference call with parents/guardians, and Director of Athletics or his/her designee.

Appeal Process

Student-athletes who test positive under the terms of the Alcohol and Drug Screening Policy and Procedures will be entitled to a meeting with the Director of Athletics or his/her designee prior to imposition of any sanction. Requests for such a hearing must be made in writing to the Director of Athletics within forty-eight (48) hours of notification of a positive test result. The student-athlete may have an advocate or other representative is limited to advising and the student-athlete must present his or her own case. The meeting should take place no more than seventy-two (72) hours after the written request is received. Either the student-athlete or other parties involved may request an extension of this time to the Director of Athletics, upon showing good cause. These proceedings shall include an opportunity for the student-athlete to present evidence, as well as to review the results of the drug test. The proceedings shall be confidential. The decision by the Director of Athletics or his/her designee will be final. In the case where as the student-athlete feel he/she has received a “false positive” screen, he/she must notify the drug screen administrator immediately the desire to be re-tested. The student-athlete will then be directed to New Directions for further testing. The results from the 2nd test will be examined by a Medical Review Officer (MRO). Dr. William Santoro, a certified Medical Review Officer, will act as Albright College’s MRO. The Head Athletic Trainer will be notified of the results and will set up a conference with Dr. Santoro and the student-athlete to discuss the results. The cost of this testing will be the responsibility of the student athlete. If the test results from New Directions are found to be negative, the College will reimburse the student athlete the cost of the test.

Referral Process

In the event of a positive screen, the student-athlete will be required to seek counseling and comply with any recommendations of the counselor. Part of the referral process will include signing a waiver and release of information that allows the Director of Athletics or his/her designee to contact parents/guardians and allows release of any treatment plan or recommendations to the Director of Athletics and parents/guardians. This waiver will also allow the Director of athletics or his/her designee to monitor compliance with the treatment plan. Failure to comply with the recommendations of the counseling services office or external counseling agency will subject the student-athlete to suspension from the team for a period of time designated by the Director of Athletics.

Responsibility of the Student Athlete

It is the responsibility of the student athlete to read the Albright College Drug Testing Policy prior to participation in athletics. If the student-athlete tests positive under the guidelines set forth in the Athletics Program Alcohol and Other Drug Policy and Procedures, it will be the student-athlete's responsibility to pay for any services, which are required by sanctions.

Confidentiality

Each specimen will be identified at the testing laboratory by only a code number to protect the anonymity of the student athlete and shall be analyzed for the presence of drugs. The identification of each sample taken will be kept confidential by the Athletic Training Staff. Only positive tests will be reported to the Director of Athletics. All athletes tested will be kept confidential.

Convictions and Arrests Outside of the College

The Albright College Athletics Program will also issue positive test findings with its particular sanctions to a student-athlete upon conviction or plea of guilty of the following:

1. Driving under the influence (DUI, DWI)
2. Public Intoxication
3. Drunk and Disorderly
4. Violation of Pennsylvania Alcohol Law
5. Other alcohol and other drug offenses, including possession.
6. Drinking on any athletic trip and to include vans/buses to or from games
7. Major Campus Violation of the Albright College Drug and Alcohol Policy

Notification of Results

All results of screening will be communicated to the Director of Athletics by the Head Athletic Trainer. See *Sanctions Following Positive Test Results* for further notification.

Albright College
Intercollegiate Athletic Drug Screening Program

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