

THE Albrightian

A DIFFERENT WAY OF REPORTING

IN THIS EDITION



Field Hockey
Recap
Page 3



Social Media
Review
Page 5



Pottermore
Page 7



Following up
with Fresh-
men
Page 8

High Holy Days: Joy, judgment in Jewish tradition

By HELEN ANDERSON
The Albrightian

As the cool winds of autumn begin to blow, and the leaves start to show their true colors, one can tell the season of fall is here. While autumn seems to symbolize a transition from the sultry moods of summer, it is also symbolizes a change in perspective for members of the Jewish faith. This is because the High Holy Days often occur in September or October.

The High Holy Days begin with Rosh Hashanah, the Jewish New Year, and end with Yom Kippur, The Day of Atonement. There are some other holidays that occur around this same time too, such as Sukkot, which is a harvest festival, and Simchat Torah. Though they are minor, they are no less important to remember.

For those who may be unfamiliar with this particular time period in the Jewish faith, it is a time of reflection and respite, as well as a time to spend with friends and family. "Rosh Hashanah" means "the head of the year" in Hebrew, and it is the day of the Jewish New Year. After all, Jews follow the lunar calendar, so the holy days are never on the same day each year. Although Jews celebrate the Jewish New Year, many American Jews still do celebrate the secular New Year's Day. Both celebrations are important, but for Jews, they have their own holiday to ring in the New Year.

After Rosh Hashanah, there is a 10-day period before Yom Kippur, The Day of Atonement, occurs. These 10 days are called The Days of Awe,

High Holy Days
Continued on Page 4



A group of protesters gather in Reading to voice opinions about social issues.

Image courtesy of Mink Furick Photography

Occupy Wall Street movement comes to Reading

By AMBRE JURYEA-AMOLE
The Albrightian

Sept. 17 marked the beginning of the Occupy Wall Street movement in New York City, and the movement has now reached Reading, Pa. Over the last few weeks, the protests have spread to over 200 cities, including Reading. The Occupy Reading organization met on the Penn Street Bridge Oct. 7 with about 25 protesters who hoisted homemade signs to picket for political and social justice.

Facebook has acted as a catalyst for the Occupy movement, which is how attendees organized the Occupy Reading protest. The Facebook page for the event was created less than two days before the protest was set to begin, but it quickly spread to include 58 people who said they would attend the Oct. 7 protest. However, not all 58 people were in attendance.

Among the "Maybe Attending" participants listed on the group's Facebook page was Albright alumnus and "sometimes" adjunct English instructor, James Speese. Speese said he supports the Occupy movement because "It's time we recognized that unbridled growth is just another word

for greed and it comes at a cost, a cost that is unmeasurable in dollars. It's time to slow down a bit and take stock. The more we fetishize growth [in] an attempt to ameliorate the voice of the people with more shiny stuff, the more the percent (which the protest refers to) will accept the greed of the one percent."

One of the organizers of the event, a 30-year-old male who declined to provide his name, said he decided get involved with the movement because of his love for the City of Reading. "I moved here like a year ago. I absolutely love the people here and I love the atmosphere, but there's a lot [of] things to be changed [in Reading]," said the 30-year-old male.

The changes he spoke of deal with the new Census Bureau data that placed Reading atop the poverty list for cities with more than 65,000 people. According to the 30-year-old male, the purpose of the Occupy Reading protest is to raise awareness about positive changes that can happen in Reading when people band together and stand up for their rights.

He said, "It starts on a local level with people being more aware about spending

their money locally instead of dumping a bunch of their money into corporations that just don't care."

Still, the movement as a whole has been met with some criticism from people who do not understand the specific message the Occupy people would like to express. The placards held by protesters reflected the broad range of goals that the protesters strive toward. They held up signs with messages like "We are the 99%," "Join the fight for freedom" and "Raise taxes on millionaires and corporations," which garnered honks from motorists as they passed. But a large portion of the protesters also held signs with messages about bringing troops home and ending the U.S. occupations abroad.

Louise Legun of Veterans for Peace said they have joined forces with the Occupy Reading movement because the goals of both Veterans for Peace and Occupy Reading are so broad that they tend to overlap on many issues. Legun said that Veterans for Peace seeks to reveal the "true costs and consequences of war," and to get the U.S. government to "stop intervening in other countries' affairs."

"Big money is very cor-

rupt, but people don't want to hear the truth," said Legun.

Corruption in big corporations was also one of the main points made by the 30-year-old male. He added to that idea when he said, "We want big money out of politics, out of government, out of the military, period. And we're not going to stop until it happens."

The 30-year-old male who helped to organize the Occupy Reading protest said he plans to keep the movement afloat until reforms are made in politics that support the goals of the movement.

Given the busy nature of being an English instructor, writer, graduate student and musician, Speese was unable to attend the Oct. 7 protest. But Speese said he "will make it at some point" if the protests continue in Reading.

The Occupy Reading organization was largely influenced by the Occupy Wall Street movement, which was promoted through "Adbusters" magazine. The magazine called for activists to set up tents and peacefully occupy Zucotti Park.

Occupy Reading plans to meet again Oct. 14 at the intersection of Sixth and Penn streets.

Classroom to courtroom: alumna speaks about applying college knowledge

By ELIZABETH GORDON
The Albrightian

On Wednesday, Oct. 5, Albright College alumna Rachel Williams challenged students to never stop asking, "Why?" and demonstrated the importance the question has had during her time at Albright and beyond.

As a 2003 graduate, Williams remembers a class taught by political science professor Philip Eyrich, "an exceptional man," according to Williams, who encouraged his students to always ask "Why?" and not settle for the face value of what was written in the textbook.

Eyrich's words stuck with Williams through her studies at Albright and Florida Coastal University School of Law and eventually to the International Criminal Tribunal for the Former Yugoslavia, where she worked on a defense team for an accused - and later convicted - war criminal involved in the massacre at Srebrenica, Bosnia, in 1995.

While asking "Why?" might seem obvious to law students, who need to determine "the who, what, where, when, why and how" of cases, Williams added that it is an important for students of all majors to ask.

"It's not necessarily about what can you learn from a textbook about war crimes. Anybody can pick up a textbook these days; you can Wikipedia it, you can Google it, and find all different types of snippets about what happened during a war.

Classroom
Continued on Page 8

Albright College Box 1132
13th & Barn Streets
P.O. Box 15234
Reading, PA 19612
albrightian@albright.edu
phone: 610.921.7558
www.albright.edu/
albrightian

Editor in Chief:
Elizabeth Gordon '12

Asst. Editor in Chief:
Sarah Timmons '13

Copy Editor:
Ambre Juryea-Amole '11

News Editor:
Sarah Timmons '13

Student Life Editor:
Helen Anderson '13

Sports Editor:
Mandie Mulcahy '12

Asst. Sports Editor:
Kylan Watson '12

Layout/Web Editor:
Morgan Jones '12

Asst. Layout/Web Editor:
Jordan Bonte '13

Entertainment Editor:
Deanna Edwards '12

Business Manager:
Adam Stamm '12

Distribution Manager:
Helen Anderson '13

President:
Tyler Parmer '12

Faculty Advisor:
Dr. Jon Bekken

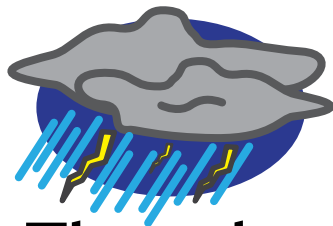
Staff:

Helen Anderson, Alura Benek, Anna Berzins, Jordan Bonte, Amylynn Doffont, Deanna Edwards, Christopher Frank, Elizabeth Gordon, Amir Hardy, Nicholas Homa, Grace Marcus, Mandie Mulcahy, Tyler Parmer, Victoria Piscitelli, Elizabeth Reber, Andrew Schlegel, Craig Smith, Sean Snyder, Bryan Sotnyk, Tom Spincic, Adam Stamm, Sarah Timmons, Kylan Watson, Bahlya Yansane, Shun Kwan (Agnes) Yu, Rachel Zaccarelli, Kelsey Zenna

The Albrightian is published at least six times a semester by the students of Albright College except during vacation, holidays and examination periods. The publication is printed by the Susquehanna Printing Press in Ephrata, Pa. All submissions become property of The Albrightian, and the editors hold the copyright. All opinions expressed in The Albrightian are those of the authors of the columns and letters and are not necessarily the opinions of Albright College, its faculty, staff, administration or its Board of Trustees.

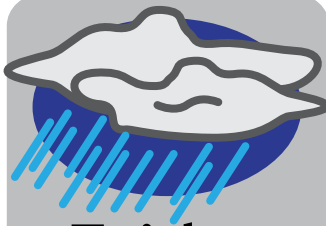
The Albrightian reserves the right to edit letters for length and to reject letters if they are libelous or do not conform to standards of good taste. Send letters to Campus Center Box 1132. All letters received become property of The Albrightian.

Weekend Forecast



Thursday

Slight chance of
thunderstorms
High:75 Low:65



Friday

Chance of
showers
High:65 Low:55



Saturday

Slightly
cloudy
High:65 Low:52



Sunday

Slightly
cloudy
High:72 Low:52

The importance of safety Learning a lesson from the Knox story

By Elizabeth Reber
The Albrightian

La bella vita had a transitory effect on the semester abroad for Amanda Knox, the American student accused of killing her British roommate.

While studying in Italy, Seattle native Knox and her Italian boyfriend, Raffaele Sollecito, stood accused of killing Meredith Kercher, an exchange student from England. The Italian police used Knox's bizarre behavior after the discovery of Kercher's body, such as doing cartwheels in the police station, as reason to look deeper into her as a suspect.

Investigators later found Knox's DNA on a knife with Kercher's blood on the end, which police believed to be the murder weapon. The police then accused Knox of killing her roommate because of the knife and the fact that the two girls did not get along.

When originally questioned, Knox accused a man she knew was innocent of the crime. This convinced the police even more of her guilt, and the Italian courts convicted her of killing her roommate. Knox was sentenced to 26 years in an Italian prison. However, she appealed her case. On Oct. 3, the Italian courts overturned her conviction and acquitted her on the grounds of faulty DNA evidence and motive.

Although Italian and American audiences, as well as Kercher's family, may never know of Knox's true guilt or innocence, hopefully Knox learned an important lesson – what happens when you recklessly leave yourself open to danger.

Had Knox taken better care of herself or if she involved herself with better people, maybe her name would never have meant more to police than that of the grief stricken roommate. Even Kercher herself became victim of trust and lack of safety.

But the story of Knox is more than just a cautionary account of letting down your guard in a foreign country with a language barrier and unfamiliar judicial system. It can also act as a warning of what can happen to anyone who does not take their own safety seriously.

If exposure to the pedagogical basics of safety coincide with formal academic instruction, then why do they seem so easy to forget?

Maybe while youth are for the first time not bothered with the incessant reminders of hovering parents, it becomes easy to forget the fundamentals of safety. If you have never had to keep safety a priority before, you may not think about doing so when it finally becomes your own responsibility.

Both Kercher and Knox can testify to what happens when a person allows the luxury of unaccountability to con them into relaxing their better judgment. This in turn can leave someone open to the increased potential of victimization by individuals or circumstances.

And maybe the blame lies not with the person. For instance, the overwhelming number of criminal television shows, in a need to dramatize crime, can often exacerbate the level of believability leading to the ever popular idea of "that can't happen in real life." It can lead to a feeling of immortal invincibility, that protecting one's self is either unnecessary since someone else does it for them or silly because that level of crime does not happen in everyday occurrences.

The media permits the idea that the only kinds of crime are violent and involve some shady, automatic-wielding drug lord with an arsenal of blood-thirsty lieutenants or an animal-skull-collecting serial killer who oozes obvious creepiness. In that polarized world, yes, there appears a narrow need to consider safety because when danger comes it brings with it a mile-long warning call.

But in the real, unscripted world, the

terror behind true threat comes from its unpredictable and indistinguishable qualities. Differentiating between safe situations and bad ones, good people and malicious ones, involves genuinely analyzing the moment, digging back into the far reaching corners of those safety talks, and deciding if the current event does not hold some unforeseen tragedy. Better safe than sorry.

However, that does not mean people should live in constant fear, always looking over their shoulder and being suspicious of everyone. But smart decisions regarding safety should involve at the minimum a little more thought than that which goes into deciding what to wear in the morning or which bar to drink at.

Some people argue that Knox's appeal has made a victim of Kercher all over again because people have forgotten about her and her gruesome death to focus only on Knox. But if the murder of Meredith Kercher reminds someone to make sure they don't walk alone at night, don't get drunk around strangers, keep their house or car locked, and stay under street lights and in well-occupied areas, then Kercher's memory remains quite alive.

Check us out on...



Like us on Facebook!
Search for
The Albrightian
Media/News/Publishing



Follow us on Twitter!
twitter.com/thealbrightian



Visit our website:
Albrightian.wordpress.com

Guiles adds to nation-leading total as Lions fall 24-17; defense blows 17-7 lead in third quarter

By **MANDIE MULCAHY**
The Albrightian

The Lions fell short as they faced Lebanon Valley College Oct. 8, at Shirk Stadium losing 24-17. The Lions rushed for 238 yards, led by senior Jos-an Holmes (80 yards) and junior Zach-ary Groff (78).

Lebanon Valley's Ben Guiles rushed 7 yards for a touchdown halfway through the first quarter to put the Dutchmen in the lead, 7-0. At the end of the first, freshmen Jordan Loiodice answered for Albright with a field goal to put the Lions on the scoreboard, 7-3.

In the second quarter, Lebanon Valley's quarterback Colt Zarilla was sacked by junior Matt Pattison for a

loss of 7 yards. Holmes rushed 10 yards, scoring Albright's first touchdown of the game at the end of the second and putting the Lions in the lead, 10-7, for the first time in the game.

Zarilla was sacked again by Pattison before halftime for a loss of 6 yards for the Dutchmen. With one minute left in the half, Sean Fakete attempted a field goal for Lebanon Valley. It went wide left, leaving the Dutchmen score-less in the second quarter and Albright with the lead at halftime 10-7.

Senior Darren Barnett got his first sack of the game, and Albright's third of the game at the beginning of the third quarter, taking down Zarilla for a loss of 2 yards. Groff added to Albright's lead, scoring a touchdown

with just under six minutes left in the third quarter to put the Lions up 17-7. Fakete scored a field goal for the Dutchmen at the end of the quarter to cut the lead, 17-10.

In the fourth quarter, Zarilla completed a 67-yard pass to Tom Picerno. With just under 10 minutes left in the game, Zarilla completed a 3-yard pass to Guiles, who scored a touchdown for Lebanon Valley and tied the game at 17.

In the middle of the fourth quar-ter, Zarilla completed an 80-yard pass to Guiles for a third Lebanon Valley touchdown. The Dutchmen took the lead over Albright and sealed their vic-tory, 24-17.

From the scoreboard

Compiled by **MANDIE MULCAHY**
The Albrightian

FIELD HOCKEY

Neumann University 2-1 W
Widener University 0-3 L
Immaculata University 0-1 L
Cedar Crest 8-0 W
Lebanon Valley College 0-5 L

MENS' SOCCER

DeSales University 0-1 L
College of St. Elizabeth
3-0 W
Arcadia University 0-1 L
Gettysburg College 1-6 L
Elizabethtown College 1-3 L

WOMENS' SOCCER

DeSales University 3-3 T
Arcadia University 1-4 L
Immaculata University 4-1 W
Elizabethtown College 3-1 W

WOMENS' VOLLEYBALL

Widener University 0-3 L
Wilkes University 3-1 W
Delaware Valley College 0-3 L
Arcadia University 3-1 W
Kings College 3-0 W
Penn State Berks 0-3 L
Elmira College 0-3 L
Susquehanna University 0-3 L

MENS' GOLF

Lebanon Valley Fall Invita-tional 2nd of 16
Elizabethtown College Fall Blue Jay Classic 8th of 19
FDU- Florham 307-337 W
Elizabethtown College 389-436 W

WOMENS' CROSS COUNTRY

DeSales University Invita-tional 33rd of 41

MENS' CROSS COUNTRY

DeSales University Invita-tional 33rd of 45

FOOTBALL

Lycoming College 13-35 L
Lebanon Valley College 17-24 L

WOMENS' TENNIS

Penn State Abington 4-5 L
Moravian College 1-8 L

MENS' TENNIS

Penn State Abington 2-7 L
Eastern University 0-9 L

New sports information director follows familiar territory to Albright College

By **MATT DAVIS**
The Albrightian

Albright named James McCumber the new Sports Information Director in mid-August.

It helps that McCumber's most re-cent position was working at a school on the other side of the Middle Atlan-tic Conference.

The Holliston, Mass., native got a head start on the job after spend-ing the last three years at Misericor-dia University as the assistant sports information director. Playing on the

other side of the MAC, Misericordia has the same sports as Albright, with the exception of football. McCumber believes the position prepared him to take over the reins at Albright.

"Misericordia and Albright played the same schools and I had relation-ships formed," McCumber said. "For instance, I've already worked closely with the two commissioners of the MAC, Ken Andrews and Katie Imes."

The opening at Albright came at a perfect time for McCumber in his career plans. He was looking to take the next step after a three-year in-

ternship at Misericordia ended, and Albright seemed like a great oppor-tunity. McCumber said a big factor in going after the Albright position was that the department had great mul-timedia equipment already in place.

McCumber could not be happier about his time in Reading thus far. Of all things, he has enjoyed the people and campus the most.

"Everyone has been so willing to help out and support," McCumber said. "College relations, in particular, has been great in lending a hand."

McCumber first became inter-ested in the sports information field during his collegiate days at Vassar College in New York. While at Vassar, McCumber was a four-year member of the soccer team and also participated in track for two seasons. He became a student assistant for Vassar's sports information director, Robin Deustch, who prepared him and other class-mates for a career in the field.

McCumber's first major project at Albright was to start a monthly highlight show featuring video clips of games and interviews with a vari-ety of Albright athletes. Titled "The Lion's Den," the inaugural show

James McCumber
Continued on Page 4

sists at half time.

Senior Kelsey Trainor also played a vital part, securing one goal and one assist for the team. Senior Captain Kai-

Field Hockey
Continued on Page 8

Lady Lions Field Hockey continue to push forward despite losses

By **MEGAN HOMSHER**
and **KYLAN WATSON**
The Albrightian

The Albright Lions field hockey team was busy the past three weeks. They won two consecutive games, lost two consecutive matches and then picked up another win and loss.

Albright showed no mercy to Di- vision II Mercy College. The Lions ob-tained their first win during this match on Sept. 24. Junior midfielder Kaitlyn Pietruszewicz led the team, scoring the first two goals for Albright, while Goalie Marguerite DeLucas helped defen-sively and maintained the shutout. The Lions won score of 2-0, and improved their season record to 1-7.

On Sept. 29 the lions defeated Nuemann University 2-1. Senior for-ward Rosemarie Casesi scored a goal for the Lions and Captain Beth Moran scored the game-winning goal with 72 seconds left in the game. DeLucas made five saves to help the Lions win, which improved their season record to 2-7.

Unfortunately, this streak ended abruptly when Albright was beat-en on Oct. 1 by two penalty corners in the conference opener against Widener University. The Lions lost 3-0. Despite the loss of the game, goalie DeLucas made 11 saves.

The following match, the Lions came up short against Immaculata Uni-versity on Oct. 4. Albright totaled five

shots. The Lions lost 1-0, which puts their season record at 2-9.

Last Thursday the Lady Lion's Field Hockey team gave a stunning perfor-mance, walking away with their third win of the season in an 8-0 shutout against Cedar Crest. Not only was this score impressive, it more than doubled the number of total goals scored this season by the Lady Lions, bringing the total number to 13.

The team opened strong, scoring their first goal in the first three min-utes of the game. The goal was scored by freshman Allison Dombrowski, and assisted by senior Rose Casesi. Casesi continued to play well throughout the half, boasting one goal and three as-



Albright goalie Marguerite DeLucas

Image courtesy of Dave Walberg

Albright's commitment to diversity continues

By **ANDREW SCHLEGEL**
The Albrightian

Four weeks have passed since the beginning of the semester, and Albright College is back in full swing. Students are bustling from class to class, the dining hall is crowded at daily mealtimes, the strong aroma of coffee emanates from Jake's Java while the sound of ping pong balls and snapping of pool cues is heard from the Recreation Center. And, as the case has been for many years, another characteristic of Albright College is on display all across campus - the commitment to a diverse student body.

As in previous semesters, the population of ethnically diverse students attending Albright has climbed to very impressive numbers. Preliminary statistics show that just under 40 percent of Albright College freshmen are non-white students. The numbers show a noticeable increase in student diversity even from Fall 2010 and Spring 2011 semesters. College statistics for the 2010-2011 term said that roughly 27 percent of Albright College students were non-white.

High Holy Days *Continued from Page 1*

which require Jews to transition from celebrating the joyous New Year to get ready to repent for their sins and focus on how they can improve in the coming year. There is a great mood adjustment that takes place during this time in preparation for the solemn and restrained holiday of Yom Kippur.

Yom Kippur is marked by fasting from sundown to sundown, over a 25-hour period. Jews refrain from drinking or eating anything during this time period, and some of the most observant Jews refrain from brushing their teeth or bathing because of the potential water intake.

The intent of all these activities is to focus on praying, atoning for one's sins and asking for forgiveness from those one may have wronged the past year. Upon asking for forgiveness from friends and family, a person should be ready to make a clean slate and start anew for the next year. After the sun goes down, the fast ends and people usually celebrate the end of the High Holy days with food and friends.

Although Rosh Hashanah and Yom Kippur are the most popular High Holy Days, there are still a few key Jewish holy days that occur in the fall. Sukkot occurs closely after Yom Kippur. It is a Jewish harvest festival, wherein Jews build a sukkah, or tent, and spend time in it with their families and close friends.

During the seven-day period of Sukkot, many Jews take their meals in the sukkah, and some even sleep under the stars, protected by the thatched roof of the sukkah. They also dine on some of the most popular and ripe harvest fruits and nuts of the season and are thankful for these wonderful gifts and time spent with friends and family.

Simchat Torah is another Jewish fall holy day that culminates with Jews reaching the very end of the Torah, which contains the words of the Old Testament. The scrolls of the Torah are

The most noticeable increases were in the incoming black student population, which represented a near doubling of the college's black population over the previous year to 20 percent of freshmen. The incoming Hispanic student population, which represented more than double the college's Hispanic population for the previous year, has increased to 11 percent of freshmen.

While enrollment data from this year represent a noticeable commitment to a diverse student body, they are also indicative of a larger commitment toward diversifying the student body and educational processes at Albright.

"I feel that Albright has always had a string commitment to diversity in all of its aspects," said Gregory Eichhorn, dean of admissions, who also noted that the Albright "community has been admired by many of our peer schools" for its diversity.

Albright's "commitment to attracting a diverse student body," has left Albright "better poised" with respect to the diversification of the nation overall. More specifically, "A diverse student body ... is a large

completely unraveled, and Jews begin the Torah again at services the next week. This is a very joyous occasion, and it is a time for the old to have its say and the new to settle in as well.

These holy days are all very important to the Jewish people, because they help the Jewish people to keep and remember their traditions. Every year, without fail, Jews revel in the sweetness of Rosh Hashanah and the somberness of Yom Kippur, as well as Sukkot and Simchat Torah, which symbolize the turning over of a new leaf for both Jews here and abroad.

James McCumber
Continued from Page 3

launched Oct. 7, and is still a work in progress. McCumber co-hosts the show with Albright senior Tyler Parmer. Fellow senior Mary John serves as the reporter, interviewing standout Albright athletes for the show. Tennis star Victoria Foanio was John's first interviewee.

McCumber believes it is very important to involve students who are interested in sports information. He helped direct the student workers at Misericordia and wants to involve students as much as possible.

"At Vassar, Robin was a great mentor in preparing me for sports information as a career," McCumber said. "I'd like to help the students in a similar way."

part of the education our students receive," said Eichhorn.

Albright students have reiterated this very point. Junior Jayda Labrin, a native of Peru, expressed that studying with and around students of other cultures and getting to know them and their cultures "makes for a broader world-view."

"You realize that it is not just your own world after you study around students of diverse cultures ... you get to know other countries and cultures without actually going there," said

Labrin.

As a student from a Hispanic cultural background, Labrin also said that "a diverse student body creates common communities with shared cultures, languages and traditions."

Joining a college community can be a difficult process for some, especially if they are from diverse, less represented cultures.

"Having peers from similar backgrounds" said Labrin, "helps students make friends and become a part of the college community."

Gable Health and Counseling Center offers help with stress, college life

By **ANNA BERZINS**
The Albrightian

Each fall, the Gable Health and Counseling Center sponsors an annual depression screening in the Campus Center Main Lounge. This year it is being held Oct. 13 from 11 a.m. until 3 p.m. in the CCML.

Normally held during Mental Illness Awareness Week in October, National Depression Screening Day is a nationwide event that raises awareness and screens people for depression, anxiety and suicide prevention.

"[For] students that may not realize or understand what depression, mood, or anxiety disorders [are], the depression screening is a quick way for students to see if they need extra help in dealing with day-to-day life," said psychobiology major and junior Lindsay Hendricks.

The paper-based test takes under 10 minutes to complete, and students can enter for a chance to win a \$75 Wawa gift card if they take the survey and speak to a counselor.

"The counseling and health center create a safe, open, and confidential process for students to disclose their struggles and offer a structured support system to assist them in overcoming these challenges," said Assistant

Dean of Students Amanda Hanincik.

Depression screening is just one of the resources offered by the Counseling Center. They also offer counseling for individuals and groups, psychological screenings, relationship counseling and appointments to discuss personal and emotional concerns due to stress, substance misuse, death/loss and eating problems.

"Knowing that the Counseling Center is there to help students may be what some need to go and get the assistance they need," said Hendricks.

"It is okay to be depressed or homesick. [No one] should feel like they are alone in being in a depressed state," said junior Casey Marie Dillard, who is an elementary education and psychology major.

"[This] is an opportunity to see where they stand and to find out how emotions in [students'] lives can contribute to depression or stress," said junior Vasilias Kambouriglos.

"It holistically sustains our students in their overall academic and social experiences. Overall, students benefit in terms of their own personal growth and development, which is essential to their success in the classroom," said Hanincik.

Are posters in the Campus Center not reaching your selected audience?



Advertise in The Albrightian!

Email us at: albrightian@albright.edu
for special rates!

Post Rock: the most under-appreciated music genre of the 21st century

By **ANDREW SCHLEGEL**
The Albrightian

Post rock has been flying under the radar in popular music styles for the last decade. The genre is in direct contrast with the conventions of the modern music industry; it is very experimental and defies the standard structure of songs heard on the radio.

The movement began in the late '90s with acts such as Godspeed You Black Emperor! and Tortoise. It is characterized by its lack of vocals, heavy emphasis on instrumentation, long tracks and its atmospheric quality. Unfortunately, all of these aspects are frowned upon by the industry's most successful producers; they are mostly concerned with producing songs that are simple, short and marketable.

However, there is no reason why this genre should not get more attention in the eyes of consumers. The music has a very relaxing, pleasant, almost dreamy sound similar to that of Pink Floyd and Radiohead. Songs build upon each other as changes are subtle but eventually add up to a dynamic, powerful crescendo and climax.

Furthermore, post rock maintains that characteristic calmness but also allows for the song to grow and keep the audience engaged. It incorporates a vast amount of genres like jazz, electronica, metal and progressive rock music. Bands within the scene have a certain variety and uniqueness to each of them; there is a little bit for everyone.

Explosions In The Sky, one of the most prominent post rock acts, was featured throughout most of the soundtrack for the critically acclaimed movie "Friday Night Lights," which shows that it can have commercial appeal. Sigur Ros from Iceland have built an extensive fan base - especially in the indie rock community.

Russian Circles, the trio from Chicago, have released three albums in the last five years and are releasing a new one, "Empros," on Oct. 25. Known for their energetic live shows, Circles turn up the volume and create a chaotic, up-tempo sound. They are heavier and more metal-influenced than a majority of post rock bands.

The drummer pounds away aggressively as he crashes the cymbals emphatically and frequently, the bass ominously buzzes and the heavily distorted power-chord driven guitar sounds similar to the sludge-metal masters Mastodon. However, they still possess those moments of peacefulness such as using string orchestration in some of their songs.

Check out their 2008 album, "Station," and notice the varying tempos and instrumentation between certain songs. The title track features a startling and cathartic bang of loud guitars and relentless percussion but is then followed by "Versus," which sounds like a song

off an Explosions In The Sky album because of its incredible ethereal quality. It has prominent cello and violin parts and the accompanying instruments are remarkably subdued. Russian Circles are versatile and one of the most cutting-edge post rock artists.

The Irish group God Is An Astronaut, who released their first album in 2002, are a more traditional post rock band than RC. But they still are one of the most recognizable acts in the genre. Synthesizers and electronic sounds dominate their musical landscape as the guitars and percussion play background roles to those instruments.

They have developed a methodical verse/chorus form for most tracks intertwining atmospheric, contemplative noise with identifiable melodic hooks that are memorable and beautifully executed.

Their 2005 album, "All Is Violent, All Is Bright," is exemplary of their work. The second and self-titled song off the album begins with a mysterious, slow-tempo guitar riff that is repeated throughout the song and is slightly altered in the chorus with additional instruments increasing the texture of the riff. The song ends with a dramatic 30-second, amped-up conclusion. God Is An Astronaut have an inter-

esting way of mixing beauty and darkness into their compositions that make them enjoyable and emotional simultaneously.

Other noteworthy acts include And So I Watch You From Afar, Pelican, If These Trees Could Talk and This Will Destroy You. Post rock has evolved into a diverse and innovative genre that is under-appreciated by the mass audience. It has a strong cult following, but has the potential to reach out and captivate many more music fans. Hopefully, the next decade the genre will see further exposure and continue to garner appreciation from the popular music community.

Social media: convenient or complicated?

By **DEANNA EDWARDS**
The Albrightian

Social media has become a new way of life, and for the typical college student, this is a popular form of communicating with others. With social networking, it is easier to see how quickly trends come and go. While walking around campus, it is common to hear people say, "Tweet me," or "Facebook me."

Social networking slang has become a part of our everyday culture. For some, social networking has become integrated as a part of their daily routine. Whether users check it every day on their computers, or whether they keep up to date with the latest apps on cell phones, it has become a lot easier for people to stay connected.

With Facebook making recent changes, some people have enjoyed the changes, while others did not like the changes that were made. Albright senior, Keeley Peltz, has not been bothered by the recent changes to Facebook.

"It really doesn't bother me too much. It seemed to bother a lot of people in the beginning, but everyone seemed to get used to it in due time. I haven't met a person yet that has actually stopped using Facebook because of the changes they claim to dislike so much in the beginning," Peltz said.

Some have always posed the question as to what is privacy, and how much privacy can we really have on the Internet. Some social networking

websites promote ways to change privacy settings, but some students feel as though there is no such thing as privacy. Laura Nwankwor, an Albright senior, is one of those students.

"Social networking, without a doubt, has a way with being too invasive. Once you have entered this world, you are basically handing over your privacy," said Nwankwor.

Albright senior Laura van Bendegem has a more optimistic standpoint on privacy.

"If you don't want to see something, then don't look at it. If you don't want other people to see some things, then don't put it on the internet. Once it's on the Internet its fair game," said van Bendegem.

For current seniors, a big issue with social networking comes with what information should be deleted once college is over and it is time to search for a career. Students are often told by faculty and parents to clean out social networking accounts, and to delete things they would not want future employers to look at. Nwankwor believes this is an unfair practice and students should not have to do that when they want to start their careers.

"I hate the idea of being able to lose a job based on what you put on your social networking site. I understand that there is a level of professionalism that should be maintained; however, everyone enjoys having fun, and as long as we are no one is getting hurt and nothing illegal is taking place, then it should not interfere

with employment opportunities," said Nwankwor.

Albright senior Kyle Rosenberg believes social networking is not invasive because it is within our control.

"I don't find it invasive, I am careful about what I post and what pictures go up. My every thought doesn't go up on social media and I only share what I want to," said Rosenberg.

Other students on campus use Twitter as their form of social media. Some professors have encouraged students to use Twitter accounts as a way to keep track of the newest changes in social media. In classrooms, people often tweet or promote their tweets in their Facebook statuses.

Albright senior, Jean Adam, prefers using Twitter over Facebook.

"I like using Twitter. It's the main way I keep in contact with friends. I use Twitter as a way for putting my ideas on life and daily experiences out there, and I like that others have the chance to get to know me in a different setting," said Adam.

Social networking has become a more integrated part of communicating, and more and more students are taking advantage of the newest social networking websites. With the newest changes being made to Facebook, and with Twitter hosting accounts for many popular celebrities, this allows for a new way to communicate and stay connected. For technology driven college students, social networking is a way of life and another form of expressing oneself.

Funny find on campus



Students spotted these half-marked cars parked outside of the public safety office on Oct. 11. The decals were ruined when the cars were taken into a paint shop. "Couldn't you just complete one car instead of two halves?" joked senior Becky Crandall.

Image courtesy of Becky Crandall



Choose to make the most of your winter break.

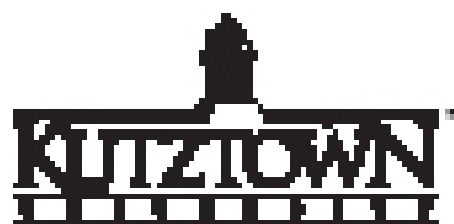
Catch up or get ahead with Kurtztown's super-convenient **Online Winter Session!**



- ✓ **Classes:** December 19-January 18
- ✓ **Online registration** begins October 31
- ✓ **More than 35 affordable classes** from General Education to graduate level!
- ✓ **Simple, easy credit transfer**
- ✓ **Open to all college and high school students**
- ✓ **All courses are 100% online**

Space is limited!

Register today at Kurtztown.edu/WinterOnline



In the blink of an eye

By **DAVID ILGEN**
Mansfield University

It is amazing how your entire life can change in the matter of one second, how everything can be normal as always and then you hear the news that changes you and your family's life forever. How quickly you learn to value your family and start to cherish every minute you get to spend with them. Even though it happened more than six years ago, I can still hear my grandmother's shaky voice trying to find the right words to say on the phone that morning. "David, your mother was in a very bad accident."

I was sitting in my room playing a game I rented from the video store when my mom told me she was going to drive into town quickly and would be back in 20 minutes. Twenty minutes came and went. Then 30 was quickly followed by 45 minutes.

After about an hour I started to really wonder what was going on and needed to make sure she was alright. She wouldn't answer her cell phone, which was strange in itself, so I started to panic a little bit. After trying countless times to get a hold of her, I called my grandmother to see if she had heard from her. That is when she told me that my mom was in a severe car accident less than a half mile from my house.

Thoughts raced through my head at

a thousand miles an hour. "It couldn't have been true; she is just driving into town really quickly and then she will be home. Is she alright? Is she going to live?" It was in that moment I learned the greatest lesson of my life. My mother's accident taught me to never take anything for granted when it comes to the people you love.

When I finally found a way to the hospital to see her that night, the doctor told me the most bittersweet thing I have ever heard. He said that she was definitely going to survive but that she may never be able to walk again. Her leg was completely crushed from her knee to the middle of her foot, and he said they may even have to amputate it.

Thankfully, she refused to let them take her leg and instead chose to go through five or so surgeries to try and rebuild it. The next 18 days she spent in the hospital were the hardest and longest days I have ever had to endure. As soon as school would let out I would find a ride to the hospital, which was 45 minutes away, and spend the evening there until I had to go home to sleep.

Seeing my mother in that hospital bed was so much more than any high school freshman, or any person in general, should ever have to see. Seeing the only parent I have lying there made me feel as helpless as she did. That experience really makes a person grow up

faster than they could ever expect.

She finally got out of the hospital but was still stuck in a hospital bed in our living room for a few months. I was the person who had to take care of her when I was not in school or working, which really put things in perspective for me. It felt like, in an instant, life went from her potty training me as a toddler to me having to help her use a bed pan. My thoughts went from her teaching me how to walk as a baby to me helping her stand and take a few steps using a walker. She went from having to take care of me all of the time to the complete opposite in the blink of an eye. I learned very quickly that my mother won't always be there to take care of me, and one day I will be the one that has to help her.

This is just another example of how you need to cherish the time you have with your family and how you cannot take your family for granted, because before you know it they could be gone. It took almost a year for her to be able to get around on her own again, which was a miracle in itself. Maybe life could get back to normal now ... just maybe.

Although I don't need to help her do everything anymore, she still can't do a lot of every day tasks on her own. I mean sure, she can walk on her own and do most of her daily routine without a problem. However, she can't do

work outside or be on her feet for more than thirty minutes or so at a time.

The worst thing to come out of the accident was the fact that she was diagnosed with an incurable nerve disease called Reflex Sympathetic Dystrophy, which will eventually take her life long before she should go.

I always worry that when I am away from home something will happen and I won't get to say goodbye. I guess that is what made, and still makes, that accident the biggest learning experience I've ever had. I always make sure to tell her I love her when we talk. Even if we have a huge argument I make sure to apologize to her and let her know I love her, just in case that is the last time we talk.

The whole thing could have been avoided and our lives never would have changed. If that other driver wouldn't have been driving 60 mph in a 25 mph zone in the rain with bald tires, my life would still be relatively the same as it was six years ago. But, that is what made it such a valuable learning experience for me. The accident is what made me into the person I am today. Now I cherish the time I get with my loved ones, which I didn't do as much before that day. Although I wish that none of this would have happened to her, I wouldn't trade the life lesson it taught me for anything in the world.

Pottermore: an expansion of Harry Potter

By **JORDAN BONTE**
The Albrightian

You've read the books and you've seen the movies - but now what? The next step is to join Pottermore. You may ask - what is Pottermore? Pottermore is a unique website that lets fans get an interactive look into the books they know and love. Pottermore guides each member through all seven Harry Potter books, chapter by chapter. Each chapter has a few different sections, which allow the user to click with their mouse over certain areas of that section.

For example, in one of the common rooms, if a user clicks on the opening of a hallway, they will be able to zoom in closer and find a jar full of eels. Users can also learn more about the world

of Harry Potter thanks to the mind of J.K. Rowling. While users are clicking around in different chapters, they can find pieces of notes from Rowling herself. For example, when a user is in the Dursleys' house, they can read the back story on Vernon and Petunia Dursley.

This website is not just a new way for fans to enjoy the books. They can cast spells, make potions and even be sorted into one of the four houses. Some users acquired early access into the magical website by participating in a seven-day challenge titled the "Magical Quill Challenge."

From July 31 to Aug. 6, fans had to find the magical quill. Each day a clue was posted on the site and fans placed the answer at the end of a website address, which took them to the site where they

could find the quill. Users can also become friends with other users. Fans can duel or send gifts to their friends. They can also post pictures and drawings and their comments about the website.

Rachael Keefer, a junior in Ravenclaw, thinks the books will always be better than the site: "I don't think anything will be ever better than the books. The books are like gold but I do think it's a wonderful adaptation to let the Harry Potter legacy go on."

André Jackson, a junior in Slytherin said, "I wish they had taken into account that there [are] a lot of people who like Harry Potter and I'm really scared for when more people get on the site. You have to realize this is just a test release ... - how many people are on it and how much does

it crash? Think about all the people in the world that want to do this website [and] get on. ... That really concerns me. We might break the Internet."

Noel Diem, a junior who is also in Slytherin, believes that potions are the most challenging activity in Pottermore: "Potions are hard and you have to practice to get them. The bottles are tricky, because they spin in a circle when you pour things."

Pottermore will launch the world of Harry Potter into a new era, thus helping to expand the already large fan base. It may even teach ultimate fans something they may not have already known about the magical juggernaut known as Harry Potter.

A behind the scenes look at the Fall Pops Choral Concert

By **BROOKE FUHRMANN**
The Albrightian

The latest buzz around campus seems to be the performances at the Fall Pops Choral Concert, which was held Oct. 8. The concert included talent from four of Albright's choral groups, Women's Chorale, The Albright Angels, The Mane Men and The Concert Choir.

Selections included pieces of very different genres and hit songs such as Colbie Callait's "Bubbly," Rick Springfield's "Jessie's Girl" and others. The concert seemed to be a great success among the audience, but the crowd was unable to see what the choir did in order to present a successful concert.

Each choir has a different method to learning music and interpreting each piece. For example, the Angels and Mane Men are a cappella groups, meaning there is no instrumental accompaniment; the music is generally written to include nothing other than the singers' voices. Learning a cappella music requires a dif-

ferent system than learning cantata, or accompanied music, however, very similar themes can be recognized in the keys to success for both styles of vocal performance.

When interviewed, members of different groups seemed to agree that the most important aspect of a successful performance is each singer's personal familiarization and preparedness with the music. Adlai Binger, the conductor of these choirs, seems to have an opinion very similar to that of the performers.

"For both the singers and for myself, it is most important to be as prepared as possible; that means to be one with the music and for the singers to be vocally prepared and healthy," said Binger.

Many of the performers feel that having the music prepared is the most important aspect and shared some of their personal approaches to learning the music and singing accurately. Choral ensemble president Jenny Reinhart said, "Taking the time to learn the music correctly the first time makes everything so much eas-

ier later." By learning the music correctly the first time, the choir will not have to worry about fixing incorrect notes and rhythms when the concert approaches.

Melissa Crawford, a member of both the Angels and Concert Choir, does this by singing each piece a cappella to determine how well she knows a song and what she must do to correct any mistakes. "The most important thing to do to prepare for a concert is to try to sing the songs by yourself without a piano; it really shows you what you know and don't know. That way you can fix the things you don't know."

Several members of the two a cappella choirs agree that preparedness is a key factor in a successful concert. However, a group's ability to listen can make or break an ensemble. Chloe Stratton feels that each member of the Angels required the ability to adjust her individual performance by listening to the others in the group. She also said ensembles such as the Angels are more difficult to prepare for than ensembles such as Concert Choir

or Women's Chorale, both of which she is a member. "It is really difficult to perform in an a cappella group because we don't have an accompanist to play our notes or the conductor to keep the rhythm for us. We have to make sure we are singing the same thing at the same time and really listen to each other because if we don't, a song can get out of control."

Through each singer using his or her personal approaches to perfecting a piece, each group was able to present a unique and enjoyable performance to the audience. Binger said the biggest hurdle in preparing was a time constraint of only five and a half weeks for each group to learn and perfect their pieces.

"All of the ensembles were very well prepared for this performance. Additionally, the singers were enjoying the music they were performing, which fully engaged the audience and made it fun for them also." Reinhart agreed that one of the strong points of the concert was that

Choral Concert
Continued on Page 8

Following up with freshmen

By **ADJUA STINSON-MURPHY**
The Albrightian

Papers, papers and did I forget to mention papers? Ten essays a week, four exams in a day and don't forget that good ol' textbook reading we all have to do! During your first year in college you will learn to keep your syllabus close by, the parties far away and alcoholic beverages even farther!

For the freshman class of 2015, the transition into college was a big one. Most students are not used to the independence college calls for, and they are also not used to the humongous workload college brings. College is the new playground, and as freshman, we are definitely feeling like the new kids on the block.

"Why is paying for college so hard?" "Why are we required to take a language?" "I failed my first quiz!" All are statements I have constantly heard over the past month from my close friends. My parents always told me that college was no joke! However, there was no amount of advice they could give me to prepare me for the experience I am going through now.

"College is like a roller coaster," said freshman Anthony Workman. "I can go to one class and love it, and then travel to another class and then become completely depressed." Freshman students

weren't sure what to expect when they picked classes and professors; their only concern was to make sure their classes ended early on Fridays.

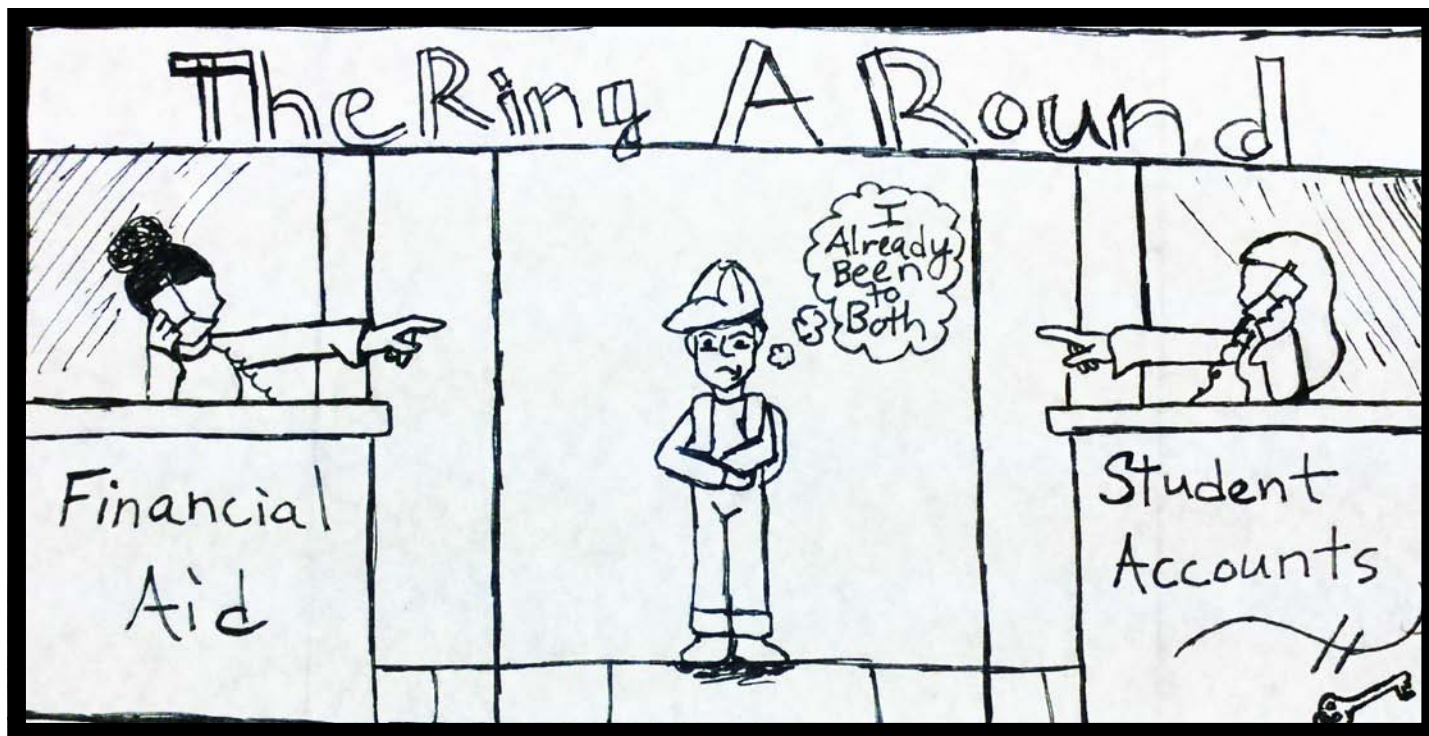
Academics are not the only factor of college life the freshman class needed to adjust to. Most freshman students have adopted jobs and tons of extra-curricular activities. A lot of freshman students have joined the AAS, the gospel choir, and some have even ventured to become

POPS.

"At first we couldn't help but be overwhelmed," says Christine Gerhart. "This is our first time living on our own without rules, and this is also the longest some of us have been away from home."

Many freshman students have embraced their new adulthood and have not visited home. Others are still adjusting.

All in all, the freshman class has thrown their best foot forward in becoming college students. We are on the ball with our academics, and we have come to embrace Albright as our new home. As freshmen, we have adjusted quite well and fairly quickly for students who have never had an experience like this before. The transition may have been rocky at first, but now we are coming into our own and we plan to take over campus! Everyone had better watch out - the class of 2015 is in the house and here to stay!



Classroom Continued from Page 1

But what you don't know is what's happening behind the scenes. You don't know how it got to be that seven to eight thousand Bosnian Muslim boys and men between the ages of 12 and 77 were executed," Williams said, applying her experiences at Albright to her experiences in the work force.

Williams stressed the fact that her journey from Albright student to legal assistant at The Hague, Netherlands, was not simply a stroke of luck; she did not just sit back and let life fall into place.

"Things don't just happen by accident. There's a series of steps, a series of decisions, a series of actions, that lead you to an end result. ... I didn't just walk in here today - I did a few things that got me here," Williams said.

First of all, Williams studied international relations in Geneva, Switzerland, while she was a student at Albright. Geneva is where the U.N. headquarters is located, and the semester-long experience gave Williams her first experience with the world beyond American borders.

"I'm from Kutztown, so if any of you know Kutztown, [you know] there is nothing international about Kutztown. Our source of news there is the Kutztown Patriot ... and the Reading Eagle, so you're not going to read a lot about what's happening across the world ... you've got to start looking for other sources," Williams said.

After graduation, Williams continued her education at Florida Coastal, where she studied international comparative studies as a law student.

"That kind of got my feet wet in the subject area and I knew I was

really interested in international criminal law - the prosecution of war crimes. ..." Williams said. "I went to Amsterdam for a summer and interned for a defense team at the ICTY."

Williams' work with the ICTY gave her experience and ability see both sides upon her return to the United States, where she switched to the prosecution of the accused, instead of the defense of those clients, as an assistant district attorney in Philadelphia.

However, Williams has not yet reached her end result - she is currently taking steps to enlist in the U.S. Army, where she will continue to ask "Why?" as a personnel in the Judge Advocate General's Corps.

Field Hockey Continued from Page 3

tlyn Pietruszewicz and freshman Victoria Brito also scored one goal each, which put the team at five goals at the end of the half.

It seemed as though nothing could stop the Lady Lions as they continued into the second half of the game. Seniors Madison Baily and Beth Moran as well as junior Courtney White scored one goal apiece, to end the game with three goals made in the second half.

The team has eight games remaining in the 2011 season. They look forward to a strong finish to their season.

Finally, the Lady Lions ended the weeks losing to Lebanon Valley College on Oct. 8, 5-0. Defensively, DeLucas recorded 16 saves.

The Lady Lions are currently at 3-10 for the season.

Choral Concert Continued from Page 7

each ensemble was prepared, making it more enjoyable for the singers and audience.

D.J. Good, a member of the Mane Men and Concert Choir, said, "Entering Mane Men as a freshman, I wasn't quite sure what to expect. But I was delighted when rehearsals came around and we actually sounded good. We were definitely well prepared for the concert, and I'm eager to hear what the winter and spring concerts have in store for us."

Even though the four choral groups

were given only five and a half weeks to prepare and perfect the music, the singers found ways to overcome the obstacles presented to them. Since each singer used a personalized technique to learn the music, every performer was successful, which ultimately lead to the success of the group as a whole. The audience may have only witnessed the finished product of the hard work put into a concert, however, it is very clear whether an ensemble was prepared or not. Albright's choral ensembles have made it very clear that with teamwork and effort, a group can be successful no matter how difficult the circumstances.

Fill in the grid so that every row, every column, and every 3 x 3 box contains the digits 1 through 9. You can't change the digits already provided in the grid. You have to work around them. Every puzzle has just one correct solution.

			5	4			3	
		2			8			
7				3				5
		7					5	
		5	3	8	7	9		
	2					4		
8				5				1
			9			5		
	6			1	2			

SUDOKU